

## Network for Carers – suggested social posts

### Facebook

#### Post 1

The Royal British Legion Network for Carers has been set up for carers in the Armed Forces community to tackle isolation and loneliness. Find out more and get involved. [→ https://bit.ly/3ICGsvb](https://bit.ly/3ICGsvb)

#### Post 2

Are you a carer in the Armed Forces community? The Royal British Legion Network for Carers has been set up for people like you who want to meet other carers.

The Network provides:

- One-to-one support
- Face-to-face social groups
- Virtual social groups
- External events and activities

If you're interested in meeting other carers, developing friendships and engaging more with your community then get in touch and join the Network today. [→ https://bit.ly/3ICGsvb](https://bit.ly/3ICGsvb)

### Twitter

#### Post 1

The @PoppyLegion Network for Carers has been set up for carers in the Armed Forces community to tackle isolation and loneliness. Find out more and get involved. [→ https://bit.ly/3rQqkQ4](https://bit.ly/3rQqkQ4)

#### Post 2

Are you a carer in the Armed Forces community? The @PoppyLegion Network for Carers provides:

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- Face-to-face social groups
- Virtual social groups
- External events and activities

Find out more and join today. [→ https://bit.ly/3rQqkQ4](https://bit.ly/3rQqkQ4)

### LinkedIn

#### Post 1

The Royal British Legion Network for Carers has been set up for carers in the Armed Forces community to tackle isolation and loneliness. Find out more and get involved. [→ https://bit.ly/35qjyJn](https://bit.ly/35qjyJn)

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