

NOVUS HOMESHARE

Homeshare is a programme that matches people who want help or support around the house with people who need accommodation and are willing to help!



in this issue >>>

1. *What's new?*
2. *You are our Ambassador*
3. *Upcoming Events*



Issue
ONE

A Monthly Insight into the Homeshare Scheme

Dear Members,

Novus – The London Carers' Centres Consortium has the herculean mission of making Novus – Homeshare the most successful Homeshare scheme in the UK. We are ideally placed to accomplish this mission and we are putting together an excellent management team that will thrive in this growth stage.

Please visit and like our Facebook Page <https://www.facebook.com/NovusHomeshare> and please follow us on Twitter, we are already following you!

https://twitter.com/Novus_Homeshare

What's new?

Visit our new blog, it is full of stories, tips and advice.

<https://novushomeshare.wordpress.com/>

The blog is a great way to interact with people and it is a space for Homesharers to share their stories.

We now have a Direct Debit system to process payments, this will improve the productivity of the Homeshare team and allow us to have a better track record of payments.

Contact us at **020 8868 5224**

www.novus-homeshare.org.uk



At Harrow Carers
376-378 Pinner Road
Harrow
HA2 6DZ

Best wishes,

Jessy, Laura, Sharon and Sucheta

Novus – The London Carers' Centres Consortium

T: 020 8868 5224 ext. 33
M: 079 1480 8986

Key Messages >>>

Homeshare

- *Homeshare helps people that need and/or want extra support and companionship at home.*
- *The scheme has been successful with older and disable people, they receive help with everyday domestic duties and assistance getting out and about.*
- *Homeshare provides companionship to people and gives peace of mind to their family reassuring them that their relatives are not alone.*
- *Homeshare is a preventative service as loneliness puts individuals at greater risk of cognitive decline (James et al, 2011)*
- *One study concludes lonely people have a 64% increased chance of developing clinical dementia (Holwerda et al, 2012).*

current topics >>>

You are our Ambassador

A big thank you to staff at **Harrow Carers**, they have been very proactive and provided three leads during January. We are working on transforming those leads into Householders. Also, Harrow Carers has promoted us in their newsletter in January

Another big thank you to **Carers Network**, and **Camden Carers**, they published information about the scheme in November and we got a phone call from a potential Householder but they are not ready for Homeshare yet.

Last but not least, thank you **Lewisham Carers**, we had two leads from you and we are looking for a Homesharer from one of them and the other one will be ready in May, we will keep you posted.

Remember, **you are our Ambassador**, send us referrals; help us help carers and people that need companionship and an extra helping hand at home.

on location

Upcoming Events

We'll be hosting a Coffee Morning for all the members of the Pinner Hill Golf Club, we will present Homeshare as a new service for the community and a way to get support while helping the younger generation.

We'll be presenting Homeshare to the personalisation team at the Harrow Council as well.

We have been working with the Westminster Recorder and the Westminster Plus magazine to secure publications but they are looking for case studies and we do not have them available at the moment, however, they are mentioning the scheme in general and sharing the link of Shared Lives Plus, the network of Homeshare providers.

The best way to promote Homeshare is word of mouth, media and through success stories, together we can!

Invite us to one of your events and we can present Homeshare as an alternative to respite and an affordable way to get support at home and keep active.

A key element to promote Homeshare is the understanding that there is no exchange of money between Householder and Homesharer. They both benefit from the scheme and pay a monthly contribution to the charity.

Other places we will be promoting in different areas are:

- GP surgeries
- Local Age UK offices
- Local Newspapers
- Churches
- Golf Clubs and
- Libraries

In some cases the Homesharers contribute to pay bills, every case is unique and the Homeshare team provides a highly personalised service. Homesharers support Householders 10 hours a week with things such as: cooking, cleaning, doing the laundry, taking care of pets, reminders about medicines, help with technology and they stay overnight.